



Compassionate Chatter

With our Compassionate Care Family & Friends
December 2018



Yummy Food Enjoyed by All!



White Elephant Gift Game



"Ladies of the Night"



Special Number by Bev's granddaughter, Emri.

Merry Christmas!

As I prepare this, I am reflecting on Compassionate Care's staff Christmas party which was held on November 26th. The celebration was held early this year, so our staff might have a more relaxed time with family (and clients) during Christmas week.



Like our Christmas party, snowflakes appeared a little early this year too. With snowfalls, conversations start of baking, shopping, parties, gift wrapping, dinner parties, church festivities and making family plans. It won't be long and everywhere we look, we will see life in the fast lane!

Christmas is a busy and blessed season filled with many opportunities to feel joyful. I love witnessing happiness in others. I am also keenly aware of the loneliness that creeps into many homes during the holidays. Often, I see signs of depression which comes with the season of less light, the onset of colds/flu and it can surface when being homebound.

My Christmas wish is that we take time to notice others who are not experiencing joy. Purposely look for loneliness right next door. There is likely someone who has lost a spouse, is experiencing health challenges and/or simply isn't blessed with a family to celebrate. It's simply amazing what a phone call, plate of cookies and a knock on the door can do in bringing joy!

May your Christmas and every day sparkle with happiness and new surprises. The surprise gift of Jesus brings light and hope each year. Enjoy every moment!

Caring,
Bev

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