



Compassionate Chatter

With Our Compassionate Care Family & Friends
October 2017



FREE Event! Glen Campbell: I'll Be Me

Tuesday, October 24, 2017

Show times are:

2:00p.m. & 6:30p.m.

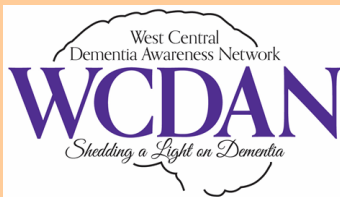
Willmar Sr. Citizens Center/Community Center (624 Highway 71 NE - Willmar - across from Robbins Island)

Popcorn will be served!

*Freewill offering taken to cover expenses.

This 2014 American documentary film followed country music singer, Glen Campbell on his farewell tour and centered on his struggle with Alzheimer's Disease.

The movie offers a window into Alzheimer's that should prove powerful for Campbell fans and novices alike. The Washington Post's Ann Hornaday wrote that "I'll Be Me" is an elevating experience, inviting the audience to bear witness to Campbell's courage, humor and spiritual strength. His story may make for a tough movie, but it's an important and triumphant one, as well."



50 for the Next 50

Leading Age of Minnesota is the largest association of organizations serving Minnesota seniors. Leading Age of Minnesota's mission is to transform and enhance the experience of aging. In honor of Leading Age of Minnesota's 50th Anniversary, they recognized 50 leaders who will lead the future of older adult services. These individuals are leaders who will transform and enhance the experience of aging.



I am truly honored and thrilled to share that Beverly Werder has been selected as one of **Leading Age of Minnesota's 50 for the Next 50!** Bev was chosen based on the following criteria:

- * An **innovative leader** who is pursuing excellence in advancing models of care, services and supports.
- * A person who is making **forward-looking changes** in their organizations.
- * A **change agent** who is influential in shaping the future of long term services and supports.
- * An **influencer** who is recognized and acknowledged by their peers as a rising voice in the field of older adult services.

This distinguished award is a testament to Bev's commitment of making a difference in the lives of older adults. Bev is truly a pioneer as she is setting a course for the future. Bev is a change-maker challenging the status quo and striving for excellence. Bev embodies this award as she truly is a catalyst collaborating in Leading Age of Minnesota's shared mission to transform and enhance the experience of aging.

Bev demonstrates that when it comes to services for aging adults, one size no longer fits all. Bev believes in designing services that are customized to an individual's needs, providing care and support in small, more home-like environments. Bev is a strong advocate for consumer choice and will continue to be a leading voice for customized services that meet the needs of the generation we serve.

I am extremely proud and privileged to share Bev's much deserved award and recognition with her Compassionate Care and Compassionate Cottage team, as well as, her clients, families and friends. It is with great admiration that we all recognize Bev's vision and leadership. It is truly a blessing to know that the future of aging services and the lives of older adults are in good hands with leaders like Bev at the helm.

A BIG and HEARTFELT Congratulations to Beverly Werder on this prestigious award. Thank you for leading with excellence, grace and compassion.

Nancy Patoch

Nancy is Housing Director and Bev's partner at Compassionate Cottage, LLC.

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Autumn

When the trees their summer splendor
 Change to raiment red and gold,
 When the summer moon turns mellow,
 And the nights are getting cold;
 When the squirrels hide their acorns,
 And the woodchucks disappear;
 Then we know that it is autumn,
 Loveliest season of the year.

Charlotte L. Riser

Nice Things We Hear!

Thank you for again going the extra mile to support one of our patients. She was very appreciative of the ride—and the capacity to get home safely! We appreciate working with you!

Rice Hospital Discharge Planners

Sincerely,
 Angela Zwart

Easy Pumpkin Pie Bars

- 1 white or yellow cake mix
- 1 stick butter
- 3 eggs
- 3 cups pumpkin pie filling
- 2/3 cup milk
- 1/4 cup white sugar
- 1 teaspoon ground cinnamon
- 1/4 cup butter

- ~Preheat oven to 375 degrees, 350 for dark pan. Grease bottom of 9x13 pan.
- ~Pour one cup of cake mix into a medium size mixing bowl; set aside.
- ~Combine remaining cake mix, butter, and egg; mix well and press into pan as the crust.
- ~Combine pie filling, 2 eggs and milk in a medium size mixing bowl; mix until smooth and pour evenly over the crust.
- ~Pour the sugar and cinnamon into the mixing bowl containing the 1 cup of cake mix. Cut in the 1/4 cup butter until the mixture looks crumbly. Sprinkle this mixture over the pumpkin filling.
- ~Bake for 45-50 minutes or until a knife inserted into the bars comes out clean. Let cool before cooking.



MANDATORY CAREGIVER FALL TRAINING

Did you know that each of our caregivers must complete a certain number of hours of training each year to continue working for Compassionate Care? To maintain our Basic Homecare license, The Minnesota Department of Health requires caregivers to complete 8 hours of continuing education classes. Some of these we are able to take on-line, and we also gather together in the fall to take classes lead by our RN, Kelly Nelson and owner Bev Werder.

If you get a chance, thank your caregiver for the time and responsibility they put into keeping our company top-notch!



On September 7th, Compassionate Care staff, Bev, Terri and Terri's daughter Tiara, went to Sunrise Independent Living and helped with a day of pampering the residents. Nail-care and hand massages were enjoyed by many of the residents. It was a fun way for Compassionate Care to go the extra mile on behalf of the elderly!

